Psychology 328
Outline of Self-change Project Report

The report will be written in a modified APA format using five major sections: Title page, Introduction, Method section, Results, and Discussion. You may also use the first person voice (I and me) in the report. In addition, you must turn in all of your raw data with the report. The raw data are the actual record sheets where you recorded the occurrence of your target behavior. Attach the record sheets to the report**. Your paper will not be graded without these data.**

Title page

1. Title of your project and your name

Introduction

1. Description of the problem
2. Goal of the project
3. Description of past research on the problem-provide at least one reference

Method

1. Subject: describe yourself
2. Behavioral definition of the target behavior/s
3. Measurement system: how you actually recorded the occurrence of the target behavior
4. Summary of the baseline data and the analysis of the baseline
5. Description of the intervention procedures: what you did to try to change the target behavior

Results

1. An objective written summary of what happened in your project including a comparison of the baseline data to the treatment data
2. A table or figure visually presenting your data

Discussion

1. Your interpretation of what happened and why
2. Finally relate your project and findings to at least two other studies in the psychological literature.

References

1. Provide the appropriate citations for the three or more references you used in your report.