

English 102

All U-DOC participants have to attend an English 102 class every morning Monday through Friday for an hour and a half each morning. Professor Matt Schnackenberg is teaching this summer class that is only open to U-DOC participants. Professor Schnackenberg discussed with us on the first day about the Hippocratic Oath, and how it affects the medical profession. We read an article written by David Graham and how he felt about the Hippocratic Oath. He then assigned a three-page report on our interpretation and opinion of David Graham's article. There are several other major writing projects throughout the six-week stay at U-DOC. There is a research paper that all students are working on, and it is on a topic of our choice as long as it has something to do with the medical field. This is a seven-page report due the fifth week, and then the students are required to give a PowerPoint presentation on their topic. Along with this, the students were to finish some journal entries about their presentation, while also completing other assignments.

PowerPoint

Some students had never used PowerPoint, or had only used it very few times, so Tyler Harris, one of the Resident Assistants, delivered a PowerPoint presentation on proper power point etiquette and usage. This was to help us deliver a high-quality presentation at the end of the program.

Study Skills

Al Jamison came and presented a lecture on how to become a good college student and he gave us helpful hints on how and when to study. He suggested that we find a good friend in all of your classes and to have them take notes and you take notes that way between the two of you, you should have everything covered, he then told us that we should study with partners. Another one of his helpful hints is to go to the faculty and ask them to explain the stuff you don't understand. This talk was very informative and it helped all of us.

International Medicine

Dr. Francisco Saavedra came to speak to us about medicine and how it was different in the United States than in other countries around the world. He talked about the state of health care in the United States and how it compares with the health care in Mexico. Then he went on to talk about global health and the different types of institutions that provide social security.

Medical Mission

Dr. Andrew Turner came to tell us about his medical mission. Dr. Turner went to Honduras after Hurricane Mitch had hit. He and others in his crew took a ten-day trip and set up six clinics in six days. They had people walking from all over to seek medical care because most of them have never even seen a doctor. They crew also set up a pharmacy so that they could give the people of Honduras the medication that they needed. I think that this talk inspired us all, and it made us realize how lucky we actually are to live in the United States.

Pediatrician

Dr. Frostad talked about how he went through medical school and how he didn't know what he wanted to do when he was in the second year of medical school. Then he decided to become a pediatrician, specifically a family pediatrician, and he ended up starting his own practice. He told us that he had a major in Psychology and a minor in Chemistry. He told us what he does everyday, what he likes about his job, and that you have to be a certain type of person to become a Pediatrician.

Medical Lake

We all drove to Eastern State Hospital that is located on Medical Lake, and Dr. Simangan discussed with us his job as a psychiatrist. He works in the forensic section of the hospital, so he spends his time with patients who have committed crimes. He told us about his job and that he loves it and he took us on a tour of the museum in the hospital. As we were entering, one of the patients at the hospital sang a song to us, complete with guitar accompaniment. We then went down to a house that they have on the grounds, and an Occupational Therapist showed us where they help the patients learn how to do everyday types of things like washing clothes, cooking, making their beds, and how to clean house.

Multicultural Center

Francisco Saavedra took us for a tour of the multicultural center, where Manual, an employee of the center, told us about the different sections of the multicultural center. At Washington State University, 4% of the students are Latino, 2% are Native American, 3% are African and 5% are Asian. For each of these groups there is a separate section of the center for them to hang out. Everyone is welcome in any place of the center; the separate sections are just a guideline.

Library

Since we had a research paper that was on a medical topic, we sat in on a lecture given by Sarah McCord. She showed us how to get around a web site called PubMed that is an online database of medical journal articles. This has helped us tremendously with our research paper. After she showed us how to use PubMed, she then took us to her library and showed us how to find the books we needed.

Physician Assistant

Terri Grzebielski spoke on how she became a physician assistant (P.A.) and how she worked as a nurse first and then decided that she wanted more. Most P.A. programs are two years after your two-year undergrad. There are 133 programs for P.A.s. She told us that different states have different laws for what P.A.s can and can't do. She told us that if you are a P.A. then you have to keep up with all types of medicine.

Career Assessment

Dr. Turner coached us through the use of an online career and personality inventory called Self Directed Search. We filled out this survey on the Internet and then received a print out of the type of person they were. There were 6 different types of personality, and

when we got our print out you had three types, the first listed was the one you were the most. At the end of the print out, there were possible jobs that we would probably be good at, along with potential hobbies.

Plastic Surgeon

Steven E. Ozeran came and talked to us about his exciting job of plastic surgery. Dr. Ozeran does mostly reconstructive surgery, in which he tries to reform parts of peoples' bodies after accidents. His whole presentation was a slide show and he showed before and after pictures, and explained what he had to do in each case. For every case he told us 4 main things to do, first you never throw anything away, second you need to thoroughly clean and irrigate the wound, you then need to sterilize the soft tissues, and lastly you need to anticipate long results.

Financial Aid

We went through the financial aid office and had a tour. We were told where we could find financial help, and how and where we can apply for scholarships. We got pamphlets that had websites and telephone numbers to help us to get into college.